



GOVERNMENT GAZETTE

OF THE

REPUBLIC OF NAMIBIA

N\$2.25

WINDHOEK - 7 August 2000

No. 2392

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Government Notices

MINISTRY OF HEALTH AND SOCIAL SERVICES

No. 193

2000

**NURSING PROFESSIONS ACT, 1993: REGULATIONS RELATING TO
THE APPROVAL OF AND MINIMUM REQUIREMENTS FOR THE
EDUCATION AND TRAINING OF A NURSE IN THE DIPLOMA
IN COMPREHENSIVE NURSING AND MIDWIFERY SCIENCE**

The Minister of Health and Social Services has under section 48 of the Nursing Professions Act, 1993 (Act No. 30 of 1993), and on the recommendation of the Nursing Board, made the regulations set out in the Schedule.

SCHEDULE

Definitions

1. In these regulations, unless the context otherwise indicates, a word or expression defined in the Act has a corresponding meaning, and -

“academic year” means a period of at least 44 weeks in any calendar year within which a part of the course of study shall be completed by any person who registers for the course of study;

“course of study” means a programme of education and training approved in terms of section 12(3) of the Act, leading to a qualification which confers on the holder of that qualification the right to register as a nurse or midwife;

“nursing school” means a department or subdepartment of a university which offers professional nursing education at basic and post-basic level; and

“the Act” means the Nursing Professions Act, 1993 (Act No. 30 of 1993).

Conditions for approval of nursing school

2. The Board may under section 12(3) of the Act approve a department or subdepartment of a university as a nursing school, if the Board is satisfied that the tuition or training intended to be offered in relation to the course of study by that department or subdepartment complies with the minimum requirements of the curriculum and the standards of education and examinations prescribed by these regulations.

Curriculum for course of study

3. (1) The curriculum for the course of study shall consist of the following subjects:

- (a) general nursing science;
- (b) community health nursing science;
- (c) applied biological sciences;
- (d) sociology of health sciences;
- (e) ethos and professional practice;
- (f) midwifery science;
- (g) mental health science; and
- (h) English.

(2) The duration of study for each of the subjects shall be -

- (a) at least four academic years for general nursing science;
- (b) at least four academic years for community health nursing science;
- (c) at least three academic years for applied biological sciences;
- (d) at least two academic years for sociology of health sciences;
- (e) at least one academic year for ethos and professional practice;

- (f) at least two academic years for midwifery science;
- (g) at least one academic year for mental health science; and
- (h) at least one academic year for English.

(3) A nursing school shall submit the curriculum for the course of study to the Board for approval in terms of section 12(3) of the Act.

(4) The approach in the method of teaching of the subject referred to in subregulation (1) shall be the integration of the various fields of study, particularly in their clinical application.

Duration of course of study

4. The duration of the course of study shall be four years.

Requirements for admission to course of study

5. (1) A person who wishes to register for the course of study shall be required to hold a grade 12 certificate or any other equivalent qualification.

(2) A person who is admitted to the course of study shall annually, together with his or her application for registration for the course of study, furnish proof of his or her registration as a student nurse or a student midwife with the Board.

Objective of course of study

6. (1) The objective of the course of study is to enable a registered nurse or midwife to -

- (a) provide comprehensive health services to individuals, vulnerable groups, families and the community as an individual practitioner and as a member of an interdisciplinary health team with emphasis on the involvement of individuals, vulnerable groups, families and the community;
- (b) provide effective and comprehensive nursing and midwifery care that responds to the health needs of the community, including the referral of clients to all levels of health care;
- (c) practise nursing and midwifery within a multicultural context, according to the ethical and moral codes of the profession, the nursing philosophy and within the limits permitted by the laws of Namibia;
- (d) initiate and participate in action-oriented research, and utilise the results to improve health care and service delivery;
- (e) plan and manage health resources efficiently for optimal health service delivery;
- (f) initiate and facilitate education for the community, clients, colleagues and for himself or herself, through effective communicative and inter-personal skills, according to needs;
- (g) initiate and facilitate community based activities in partnership with community members, based on their felt needs; and
- (h) initiate and sustain intersectoral linkages with bodies such as non-governmental organisations, churches, and other Ministries, for health status improvement at community level.

(2) In this regulation -

“comprehensive health care” means health care which is promotive, preventative, curative and rehabilitative;

“comprehensive health services” means health services which are promotive, preventative, curative and rehabilitative;

“health resources” means health facilities, personnel, material, finances, information and time.

Examinations

7. (1) A nursing school shall, subject to subregulation (3), conduct examinations in all subjects referred to in regulation 3.

(2) A person who sits for the examinations referred to in subregulation (1) shall pass such examinations, if he or she obtains an examination mark of at least 50 percent in each subject.

(3) In the case of nursing science subjects with practical components, a person shall sit for examinations in both the theoretical and practical components, and the nursing school concerned shall conduct and a person shall pass the examinations in terms of the requirements of the nursing school concerned.

Completion and termination of course of study

8. (1) If a student -

- (a) successfully completes the course;
- (b) for any reason withdraws from the course before completing it; or
- (c) is transferred to another nursing school,

the person in charge of the nursing school concerned shall notify the Board of that fact.

(2) The notice referred to in subregulation (1) shall contain a record of the theoretical and clinical training which the student concerned has undergone.

MINISTRY OF HEALTH AND SOCIAL SERVICES

No. 194

2000

NURSING PROFESSIONS ACT, 1993: REGULATIONS RELATING TO ADVANCED UNIVERSITY DIPLOMA IN NURSING EDUCATION

The Minister of Health and Social Services has under section 48 of the Nursing Professions Act, 1993 (Act No. 30 of 1993), and on the recommendation of the Nursing Board, made the regulations set out in the Schedule.

SCHEDULE

Definitions

1. In these regulations, unless the context otherwise indicates, a word or expression defined in the Act has a corresponding meaning, and -

“course of study” means a programme of education and training approved in terms of section 12(3) of the Act, leading to a qualification which confers on the holder of that

qualification the right to register an additional qualification in nursing education in terms of section 25 of the Act;

“nursing school” means a department or subdepartment of a university which offers professional nursing education at basic and post-basic level;

“student” means a student enrolled for the course of study; and

“the Act” means the Nursing Professions Act, 1993 (Act No. 30 of 1993).

Conditions for approval of nursing school

2. The Board may under section 12(3) of the Act approve a department or subdepartment of a university as a nursing school, if the Board is satisfied that the tuition or training intended to be offered in relation to the course of study by that department or subdepartment complies with the minimum requirements of the curriculum and the standards of education and examinations prescribed by these regulations.

Curriculum for course of study

3. (1) The curriculum for the course of study shall consist of the following subjects:

- (a) science, ethos and professional practice of nursing;
- (b) theory and principles of nursing education, including educational psychology;
- (c) theory and principles of the nursing education process, including practical training in nursing school administration and educational technology;
- (d) the didactics and study and the presentation of at least fifteen periods of classroom and clinical teaching in one of the following nursing speciality fields:
 - (i) general nursing science;
 - (ii) psychiatric nursing science;
 - (iii) midwifery science;
 - (iv) community nursing science; and
 - (v) such other speciality fields of nursing as the Board may approve;
- (e) not less than two of the following subjects:
 - (i) anatomy;
 - (ii) physiology;
 - (iii) chemistry and physics applied to the health sciences;
 - (iv) psychology; and
- (f) at least one of the subjects referred to in paragraph (e) and one nursing speciality field selected from those referred to in paragraph (d) which has not already been selected under paragraph (d).

(2) The contents of the subjects may, subject to the provisions of subregulation (3), be presented -

- (a) as separate courses;
- (b) on an integrated basis; or
- (c) as modules.

(3) The contents of the course of study shall in its entirety not be less than the prescribed minimum for each subject referred to in subregulation (4).

(4) The contents of each subject shall be equivalent to at least 90 teaching periods.

Duration of course of study

4. (1) The duration of the course of study shall not be less than one year, and the course of study shall be undertaken on a full-time basis.

(2) Where a student transfers from one nursing school to another, that student shall, unless the Board determines otherwise, commence the course of study afresh.

Requirements for admission to course of study

5. Any person who wishes to register for the course of study shall be required to

- (a) hold a grade 12 certificate or any other equivalent qualification;
- (b) hold a diploma in general nursing science or midwifery science;
- (c) have at least two years' experience as a registered nurse;
- (d) have been granted permission by the Board to do the course; and
- (e) together with his or her application for admission, furnish the nursing school concerned with proof of his or her registration as a nurse or midwife with the Board.

Accent in teaching of subjects

6. In the teaching of the subjects referred to in regulation 3, the accent shall fall on the development of educational knowledge and skills for dealing with post-secondary educational situations.

Requirements for admission to examinations

7. (1) A student shall be admitted to the examinations, if the student -

- (a) has completed the prescribed period of training for the course of study by the end of the month in which the examinations are conducted;
- (b) is, according to the assessment by the nursing school at which the course of study is undertaken, competent and suitable for admission, in respect of attitude, approach, insight, knowledge and skills; and
- (c) has at the commencement of the examination period completed the subjects listed in regulation 3 (1).

(2) Every nursing school shall conduct examinations for the course of study in accordance with the regulations concerning examinations of the University of Namibia.

Completion and termination of course of study

8. (1) If a student -
- (a) successfully completes the course;
 - (b) for any reason withdraws from the course before completing it; or
 - (c) is transferred to another nursing school,

the person in charge of the nursing school concerned shall notify the Board of that fact.

(2) The notice referred to in subregulation (1) shall contain a record of the theoretical and clinical training which the student concerned has undergone.

MINISTRY OF HEALTH AND SOCIAL SERVICES

No. 195

2000

**NURSING PROFESSIONS ACT, 1993: REGULATIONS RELATING TO
COURSE LEADING TO ENROLMENT AS A NURSE AND MIDWIFE**

The Minister of Health and Social Services has under section 48 of the Nursing Professions Act, 1993 (Act No. 30 of 1993), and on the recommendation of the Nursing Board, made the regulations set out in the Schedule.

SCHEDULE**Definitions**

1. In these regulations, unless the context otherwise indicates, a word or expression defined in the Act has a corresponding meaning, and -

“academic year” means a period of not less than 44 weeks in any calendar year within which a part of the course of study shall be completed by any person who registers for the course of study;

“Board” means the Nursing Board of Namibia

“course” means a programme of education and training approved in terms of section 12(3) of the Act, leading to a qualification which confers on the holder of that qualification the right to enrolment as an enrolled nurse and enrolled midwife in terms of section 13 of the Act;

“nursing school” means a department or subdepartment of a university which offers professional nursing education at basic and post-basic level;

“portion” means a part of an examination for which a result is published in the examination results, and which is taken as a whole; and

“the Act” means the Nursing Professions Act, 1993 (Act No. 30 of 1993).

Conditions for approval of nursing school

2. (1) The Board may, subject to subregulations (2) and (3), approve a department or subdepartment of a university as a nursing school, if -

- (a) the Board is satisfied that the tuition or training intended to be offered in relation to the course by that department or subdepartment complies with

- the minimum requirements of the curriculum and the standards of education and examinations prescribed by these regulations;
- (b) all required information has been furnished by the department or subdepartment concerned;
 - (c) the organisational structure and the facilities for presenting the course are satisfactory in the opinion of the Board;
 - (d) the curriculum, including the system of continuous assessment in respect of theory and clinical training, is satisfactory in the opinion of the Board;
 - (e) facilities for clinical training are satisfactory in the opinion of the Board;
 - (f) the person in charge of the department or subdepartment is a registered nurse and midwife;
 - (g) at least one registered nurse is on duty at all times at the department or subdepartment where the clinical training is presented; and
 - (h) all members of the nursing staff who give clinical training are registered nurses and registered midwives or enrolled nurses and enrolled midwives.

(2) If the Board is of the opinion that a department or subdepartment of a university, in respect of which an application for approval is received, does not fully comply with the minimum requirements prescribed, but that such non compliance will not substantially affect the standard of the tuition or training intended to be offered in relation to the course, the Board may approve the department or subdepartment conditionally for a period not exceeding six months.

(3) If, after the expiry of the period of six months, the department or subdepartment still does not comply with the prescribed minimum requirements, the conditional approval may, for good cause shown, be extended for a further period not exceeding six months or be revoked, as the Board may decide.

Requirements for admission to course

3. (1) A person who wishes to register for the course shall in the form determined by the nursing school concerned apply to the person in charge of the nursing school for admission to the course.

(2) An application referred to in subregulation (1) shall be accompanied by proof that the applicant -

- (a) holds at least a grade 10 certificate or any other equivalent qualification;
- (b) has been enrolled as a nursing auxiliary; and
- (c) has been granted permission to do the course.

Duration of course

4. The course referred to in regulation 3 shall extend over two academic years.

Objective of course

5. (1) The objective of the course is to enable an enrolled nurse and enrolled midwife to -

- (a) provide and facilitate comprehensive health services to the community as a member of a multi-sectoral primary health care team with emphasis on community involvement;
 - (b) provide effective and comprehensive nursing care, including the referral of patients and clients at all levels;
 - (c) apply all the steps of the nursing process when providing nursing care;
 - (d) practise nursing within the ethical and moral codes of the profession and in accordance with the laws of Namibia;
 - (e) initiate and participate in health information systems and research, and utilise the results to improve health care;
 - (f) manage health resources efficiently for optimal health service delivery;
 - (g) plan and facilitate education for the community, colleagues and himself or herself;
 - (h) initiate and participate in mobilisation for innovative community development projects;
 - (i) assess the health needs of a pregnant woman;
 - (j) provide effective ante-natal and post-natal care;
 - (k) deliver the baby of a full-term pregnant women without creating danger to the baby or mother;
 - (l) identify abnormalities during ante-natal care, delivery and post-natal care, and refer the patient to a medical practitioner or registered midwife without delay;
 - (m) provide effective care to the new-born baby and the mother in the puerperium;
 - (n) identify and establish a working relationship with traditional birth attendants and community leaders to improve health services in the community.
 - (o) give health education to mothers on the promotion of their health and that of their babies and on the prevention of diseases; and
 - (p) plan health care and health promotion activities of mothers and their children in health facilities as well as in the community.
- (2) In this regulation -

“comprehensive health services” means health services which are promotive, preventative, curative and rehabilitative; and

“health resources” means health facilities, personnel, material, finances, information and time.

Curriculum

6. The course referred to in regulation 3 shall consist of the following subjects:
- (a) introduction to primary health care;
 - (b) health education;

- (c) sociology;
- (d) first aid;
- (e) management of health facilities;
- (f) food and nutrition;
- (g) research methods;
- (h) nursing ethics;
- (i) community health;
- (j) anatomy and physiology;
- (k) general nursing science (adult health care);
- (l) normal midwifery, which shall extend over not less than 3 00 hours;
- (m) microbiology; and
- (n) pharmacotherapy.

Clinical training

7. (1) Subject to the provisions of regulation 13 -
- (a) a pupil nurse shall during the course referred to in regulation 3 undergo a minimum of 2 000 hours of clinical training, of which -
 - (i) at least 1 300 shall be undergone in hospital wards, clinics, health centres and communities; and
 - (ii) at least 700 hours shall be undergone in midwifery units;
 - (b) the clinical hours shall be spread over the two academic years of the course.
- (2) Notwithstanding subregulation (1), a pupil nurse or pupil midwife shall not be allocated to clinical training at night during the first six months of the first year of study.
- (3) A pupil nurse or pupil midwife undergoing clinical training shall not be allocated to night shift for a period exceeding 3 months.

Clinical training relating to ante-natal and post-natal care

8. The clinical training in ante-natal and post-natal care shall extend over at least 700 hours, and shall -
- (a) for the first year of the course referred to in regulation 3 consist of -
 - (i) the taking of the medical history of patients and clients in the midwifery unit;
 - (ii) 30 physical examinations relating to palpation and auscultation;
 - (iii) the interviewing of clients on family planning;
 - (iv) routine investigations relating to blood and urine;

- (v) post-natal examinations;
 - (vi) baby care physical examinations relating to weight and immunisation;
 - (vii) after completion of the first three months of training, the witnessing of and assisting in -
 - (aa) five normal deliveries;
 - (bb) five abnormal deliveries; and
 - (cc) five episiotomies,
 - (viii) five home visits; and
 - (ix) performing five normal deliveries
- (b) for the second year of the course referred to in regulation 3 consist of -
- (i) performing-
 - (aa) ten normal deliveries;
 - (bb) two normal and two abnormal partograms; and
 - (cc) five episiotomies;
 - (ii) carrying out -
 - (aa) ten vaginal examinations;
 - (bb) five first physical examinations; and
 - (cc) ten placenta examinations;
 - (iii) fifteen first stage observations;
 - (iv) Apgar counting;
 - (v) five first baby baths;
 - (vi) five educational sessions relating to the care of breasts; and
 - (vii) ten educational sessions relating to nutrition, hygiene, immunisation, family planning and growth monitoring.

Examinations

9. (1) Each subject referred to in these regulations shall be examined by the nursing school.
- (2) The examinations for the first and second year of the course referred to in regulation 3 shall be conducted by the nursing school and shall comprise -
- (a) a written portion consisting of two papers of three hours' duration each; and
 - (b) a practical portion consisting of a practical examination, which may include an oral examination and the marks obtained in a system of continuous assessment referred to in regulation 2(1)(d).

Requirements for admission to first-year examinations

10. A candidate shall be admitted to the first-year examinations, if he or she -
- (a) has completed at least 40 weeks of the first academic year by the end of the month in which the examinations are conducted; and
 - (b) has obtained a year mark of at least 50 percent in a system of continuous assessment referred to in regulation 2(1)(d).

Requirements for admission to second academic year and second-year examinations

11. (1) A pupil nurse or pupil midwife shall be admitted to the second academic year of the course referred to in regulation 3, if he or she has passed the first-year examinations referred to in subregulation 9 or has been exempted therefore in terms of regulation 13.

(2) A candidate shall be admitted to the second year examinations relating to the course referred to in regulation 3, if he or she -

- (a) has completed at least 40 weeks of the second academic year by the end of the month in which the examinations are conducted;
- (b) has obtained a year-mark of at least 50 percent in a system of continuous assessment referred to in regulation 2(1)(d); and
- (c) has achieved the objective referred to in regulation 5 by the date of the examinations.

Completion and termination of course

12. (1) If a student -
- (a) successfully completes the course;
 - (b) for any reason withdraws from the course before completing it; or
 - (c) is transferred to another nursing school,

the person in charge of the nursing school concerned shall notify the Board of that fact.

(2) The notice referred to in subregulation (1) shall contain a record of the theoretical and clinical training which the student concerned has undergone.

Enrolment and exemptions

13. (1) A candidate who has terminated training at an approved nursing school in a course leading to a registration as general nurse, general nurse and midwife, general nurse and psychiatric nurse, nurse (general, psychiatric and community) and midwife, or in a course in comprehensive nursing and midwifery science, may be enrolled as a nurse or midwife on application and against payment of the prescribed fee, if -

- (a) he or she has completed at least two years of the course which he or she has terminated;
- (b) he or she has passed the examination in Community Health I and General Nursing Science II;
- (c) he or she has completed at least 2 000 hours of clinical training; and
- (d) a record of training, which is satisfactory to the Board, is submitted by the nursing school at which the training took place, together with a certificate

from the person in charge of the nursing school indicating that the candidate has not been involved in any misconduct or improper conduct leading to the termination of the course.

(2) An enrolled nursing auxiliary who is an enrolled midwife shall be granted exemption for the midwifery part of the curriculum.

MINISTRY OF HEALTH AND SOCIAL SERVICES

No. 196

2000

NURSING PROFESSIONS ACT, 1993: REGULATIONS RELATING TO ADVANCED UNIVERSITY DIPLOMA IN CRITICAL CARE NURSING

The Minister of Health and Social Services has under section 48 of the Nursing Professions Act, 1993 (Act No. 30 of 1993), and on the recommendation of the Nursing Board, made the regulations set out in the Schedule.

SCHEDULE

Definitions

1. In these regulations, unless the context otherwise indicates, a word or expression defined in the Act has a corresponding meaning, and -

“course” means the course leading to the Advanced University Diploma in Critical Care Nursing;

“nursing school” means a department or subdepartment of a university which offers professional nursing education at basic and post-basic level;

“student” means a student enrolled for the course; and

“the Act” means the Nursing Professions Act, 1993 (Act No. 30 of 1993).

Conditions for approval of nursing school

2. (1) The Board may, subject to subregulations (2) and (3), approve a department or subdepartment of a university as a nursing school, if -

- (a) the Board is satisfied that the tuition or training intended to be offered in relation to the course by the department or subdepartment complies with the minimum requirements of the curriculum and the standard of education and examinations prescribed by these regulations;
- (b) the person in charge of the nursing school is a registered general nurse and is designated to the Board;
- (c) the members of the nursing staff who give clinical instruction to students in that nursing school have additional qualifications that are registered against their names in terms of section 25(2) of the Act;
- (d) the lecturers and demonstrators in that nursing school are in possession of qualifications approved by the Board; and
- (e) the facilities for the conduct of teaching are satisfactory in the opinion of the Board.

(2) If the Board is of the opinion that a department or subdepartment of a university, in respect of which an application for approval is received, does not fully

comply with the minimum requirements prescribed, but that such non-compliance will not substantially affect the standard of the tuition or training intended to be offered in relation to the course, the Board may approve the department or subdepartment conditionally for a period not exceeding six months.

(3) If, after the expiry of the period of six months, the department or subdepartment still does not comply with the prescribed minimum requirements, the conditional approval may, for good cause shown, be extended for a further period not exceeding six months or be revoked, as the Board may decide.

Curriculum for course

3. (1) The curriculum for the course shall consist of the following subjects:

- (a) medical and surgical subjects;
- (b) critical care nursing;
- (c) health care systems;
- (d) research methodology and interpretation of data; and
- (e) the law governing the practice of nursing and critical care, and the rules regarding acts and omissions of registered nurses which constitute improper conduct or misconduct.

(2) The subjects referred to in subregulation (1) shall be taught at an applied level throughout the course.

Duration of course

4. (1) The duration of the course shall not be less than one year, and the course shall be undertaken on a full-time basis.

(2) Where a student transfers from one nursing school to another, that student shall, unless the Board determines otherwise, commence the course afresh.

Requirements for admission to course

5. Any person who wishes to register for the course shall be required to -

- (a) hold a grade 12 certificate or any other equivalent qualification;
- (b) hold an approved diploma in general nursing science and midwifery science;
- (c) together with his or her application for admission, furnish the nursing school concerned with proof of his or her registration as a student nurse or a student midwife with the Board;
- (d) have not less than two years' experience as a registered nurse; and
- (e) have been granted permission to do the course by the Board.

Lectures, demonstrations and clinical training

6. A student shall -

- (a) attend the lectures and demonstrations prescribed in the curriculum; and
- (b) throughout the duration of the course receive clinical training and do night assignments, in the subjects referred to in regulation 3 (1).

Requirements for admission to examinations

7. (1) A student shall be admitted to the examinations, if the student -
- (a) has completed the prescribed period of training for the course by the end of the month in which the examinations are conducted;
 - (b) is, according to the assessment by the nursing school where the course was undertaken, competent and suitable for admission in respect of attitude, approach, insight, knowledge and skills; and
 - (c) has, at the commencement of the examination period, complied with the provisions of regulation 6.
- (2) Every nursing school shall conduct examinations for the course in accordance with the regulations concerning examinations of the University of Namibia.

Completion and termination of course

8. (1) If a student -
- (a) successfully completes the course;
 - (b) for any reason withdraws from the course before completing it; or
 - (c) is transferred to another nursing school,
- the person in charge of the nursing school concerned shall notify the Board of that fact.
- (2) The notice referred to in subregulation (1) shall contain a record of the theoretical and clinical training which the student concerned has undergone.

Application of regulations

9. (1) These regulations shall, subject to subregulation (2), apply to students who commence or resume their course on or after the date of publication of these regulations.
- (2) The Board may permit students registered for the course before the date referred to in subregulation (1) to continue the course in terms of these regulations.

Repeal of regulations

10. Government Notice No. R 85 of 16 January 1970 is hereby repealed.
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